

# What's on the menu



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Food for Life at  
<https://www.foodforlife.org.uk/>

## Week One

Large slice margherita pizza (v)  
Vegetable ravioli with crusty bread (v)  
Filled jacket potato with salad  
Seasonal vegetables and salad  
Fresh fruit platter

Baked pork sausages with gravy  
Quorn sausages with gravy (v)  
Cheese omelette roll (v)  
Oven baked potato rosti  
Seasonal vegetables and salad  
Oat cookie and orange segment

Roast chicken in gravy  
Quorn fillet in gravy (v)  
Creamy one pot chickpea tomato pasta (v)  
Roast potatoes  
Seasonal vegetables and salad  
Iced sponge

Traditional beef hot pot  
Open cheese and potato pie (v)  
Filled jacket potato and salad  
Seasonal vegetables  
Jammy dodger

**MSC** Golden fish fingers  
Baked fishless fingers (v)  
Vegetable samosa pie (v)  
Chipped potatoes or rice  
Baked beans and salad  
Chocolate mousse

## Week Two

Sweetcorn and pepper pizza (v)  
Quorn sausages with gravy (v)  
Filled jacket potato  
Oven baked jacket wedges  
Baked beans and salad  
Fresh fruit platter

Meat pie  
Vegimince pie (v)  
Meatballs in a rich tomato sauce served with pasta (v)  
Crushed baby potatoes  
Seasonal vegetables and salad  
Peach sponge and custard

Mild chicken curry, rice, naan bread  
Crustless quiche (v) with oven baked rosti, seasonal vegetables  
Filled jacket potato with salad  
Seasonal vegetables and salad  
Decorated jelly

Beef burger in gravy  
Oven baked chicken tomato pasta  
Vegetarian sausage roll & gravy (v)  
Crushed baby potatoes  
Seasonal vegetables and salad  
Blueberry muffin

**MSC** Battered fish fillet  
Chicken and sweetcorn wrap (v)  
Filled jacket potato with salad  
Chipped potatoes  
Baked beans and salad  
Ginger biscuit and orange segment

## Week Three

Cheese whirl (v), baked potato and baked beans  
Tomato pasta (v) and salad  
Filled jacket potato and salad  
Fresh fruit platter

Pasta bolognese and salad  
Vegetarian pasta bolognese (v) and salad  
Sausage roll, chips and seasonal vegetables  
Shortbread with orange

Pork or vegetarian meatballs (v) in gravy, rice and seasonal vegetables  
Large slice margherita pizza (v) with coleslaw and salad  
Chocolate cookie

Butter chicken, rice, naan bread  
Cheese omelette roll (v), oven baked potato rosti and seasonal vegetables  
Filled jacket potato with salad  
Chocolate sponge and chocolate sauce

**MSC** Bubble crumb salmon or **MSC** Golden fish fingers  
Mac and cheese (v)  
Filled jacket potato with salad  
Oven baked potato wedges  
Seasonal vegetables and salad  
Honey, oats and fruit topped yoghurt

Available daily: fresh chopped salad, fresh fruit, yoghurt and drinks.  
Availability of products and serving days may vary slightly between schools - contact your school for more details.

## Week One

13/11/23, 04/12/23, 08/01/24,  
29/01/24, 26/02/24, 18/03/24

## Week Two

20/11/23, 11/12/23, 15/01/24,  
05/02/24, 04/03/24, 25/03/24

## Week Three

06/11/23, 27/11/23, 18/12/23,  
22/01/24, 12/02/24, 11/03/24

School Meals Standard Menu November 2023 – April 2024

**Bolton**  
Council

(v) = Vegetarian = Plant Based